

SPORTS PORTFOLIO

ARTISTIC GYMNASTICS



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HELLO THERE!

Welcome to my Sports Portfolio. Pleased to meet you!

This is my gymnastics portfolio, which consists of all competitions in men's artistic gymnastics in which I have taken part so far. Coming first or last, winning a medal or not, is all part of the game, and, frankly, it doesn't really matter.

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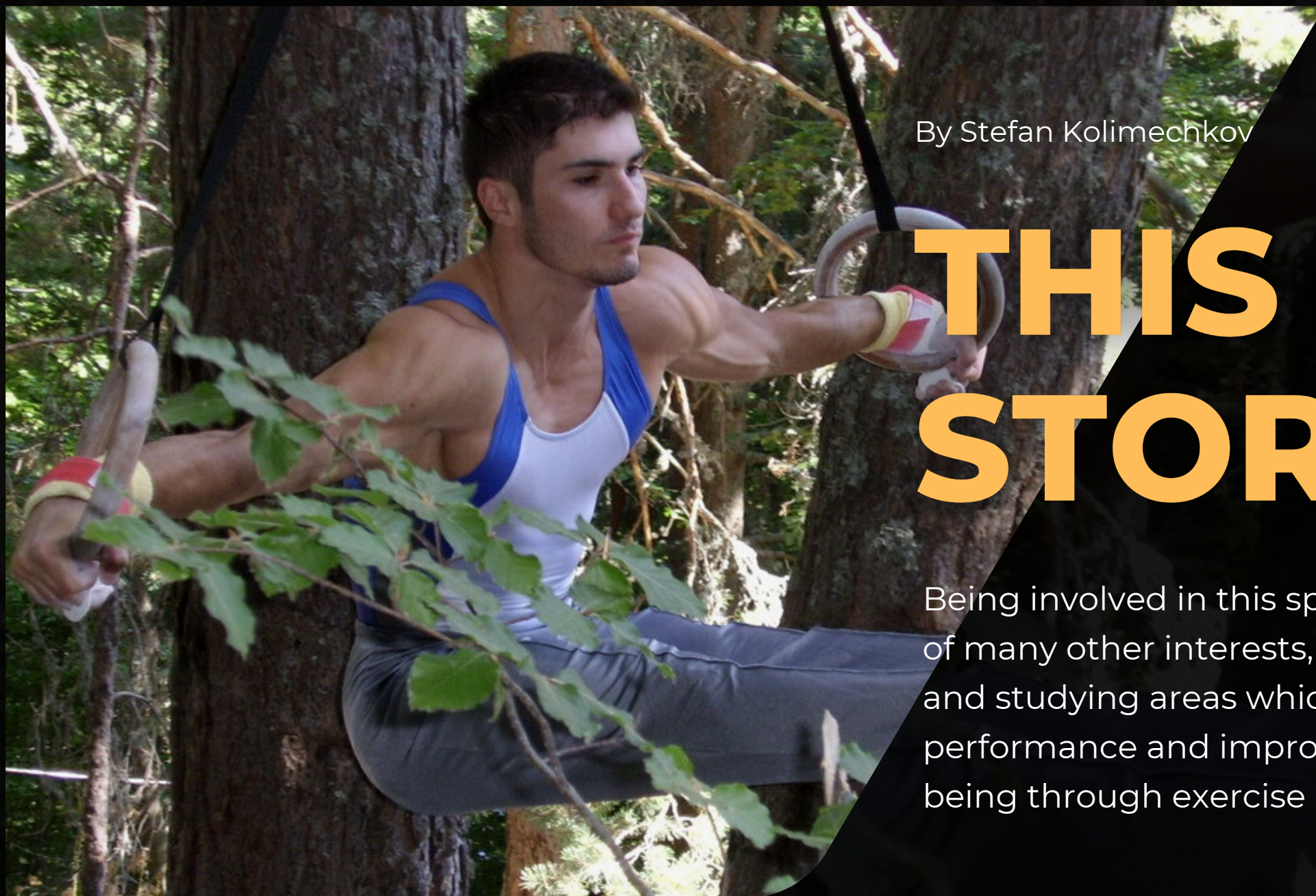
I'M STEFAN

and Gymnastics is my Life.

The journey to a particular event, the discipline and dedication, the ability to be happy with what you have, and at the same time to keep yourself motivated while you are working towards what you want to achieve, the love of practicing something which makes you stronger, faster and wiser, the power to trust and believe in yourself, no matter what anyone else thinks... that is what really matters!

Never Give Up on Your Dreams!

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By Stefan Kolimechkov

THIS IS MY STORY

Being involved in this sport established the foundation of many other interests, such as coaching gymnastics, and studying areas which can maximise sports performance and improve general health and well-being through exercise and nutrition.

COMPETITIONS

EVENT	LEVEL	RANK
2006 Gymnastics Tournament ‘L. Solachki’	CLUB	2nd
2007 Bulgarian Cup	NATIONAL	8th
2007 Bulgarian Gymnastics Championships	NATIONAL	7th
2008 Bulgarian Cup	NATIONAL	8th
2008 Bulgarian Gymnastics Championships	NATIONAL	8th
2009 Bulgarian Cup	NATIONAL	6th
2009 Bulgarian Gymnastics Championships	NATIONAL	7th
2010 Bulgarian Gymnastics Championships	NATIONAL	5th
2011 Bulgarian Cup	NATIONAL	7th
2012 Bulgarian Gymnastics Championships	NATIONAL	4th
2013 Men’s London Open Gymnastics Championships	INTERNATIONAL	14th
2014 Sutton Gymnastics Academy Adults Championships	ADULT (Pro 18+)	1st

COMPETITIONS

EVENT	LEVEL	RANK
2014 '1066 Gymnastics Academy' Adult Competition	ADULT	2nd
2014 Basingstoke Gymnastics Adult Championships	ADULT	2nd
2014 Men's London Open Gymnastics Championships	INTERNATIONAL	20th
2015 London Regional Challenge	REGIONAL	1st
2015 Sutton Gymnastics Academy Adults Championships	ADULT (Pro 18+)	1st
2015 '1066 Gymnastics Academy' Adult Competition	ADULT	3rd
2015 Men's London Open Gymnastics Championships	INTERNATIONAL	23rd
2016 London Regional Challenge	REGIONAL	1st
2016 Sutton Gymnastics Academy Adults Championships	ADULT (Pro 18+)	1st
2016 Men's London Open Gymnastics Championships	INTERNATIONAL	14th
2016 Bulgarian Gymnastics Championships	NATIONAL	5th
2017 London Regional Championships	REGIONAL	1st

COMPETITIONS

EVENT	LEVEL	RANK
2017 Sutton Gymnastics Academy Adults Championships	ADULT (Pro 30+)	1st
2019 London Regional Championships	REGIONAL	5th
2023 Milton Keynes Gymnastics Adults Competition	ADULT (Pro 30+)	1st



All events, in addition to video from my routines and full results, are available at:
<https://www.stk-sport.co.uk/lifestyle-category-competitions.html>

BEST RESULTS

1

By Stefan Kolimechkov



International Level

2 x 14-th place
2013 & 2016 London Open Championships

National Level

4-th place
2012 Bulgarian Championships

Regional Level

3 x Rings Champion
2015, 2016 & 2017
London Regional

Veterans

4 x Rings Champion
2014, 2015, 2016 & 2017
Sutton Gymnastics Academy

NEVER GIVE UP

My best individual result is 4th place in the National Mens Rings Final in the 2012 Bulgarian Gymnastics Championships, competing for my university team A-Gym NSA Gymnastics Club. I am also a three-time London rings champion, multiple adult champion on different apparatuses, and I had the opportunity to compete together with some of my favourite elite gymnasts, such as Jordan Jovchev, Yuri van Gelder, and Courtney Tulloch.

THREE-TIME LONDON RINGS CHAMPION

This is the annual artistic gymnastics event for male gymnasts in the region of London. The London Regional Artistic Gymnastics Championships is organised by London Gymnastics.

I am the London Rings Champion for three consecutive years: 2015, 2016, and 2017.



2015

London Regional
Challenge



2016

London Regional
Challenge



2017

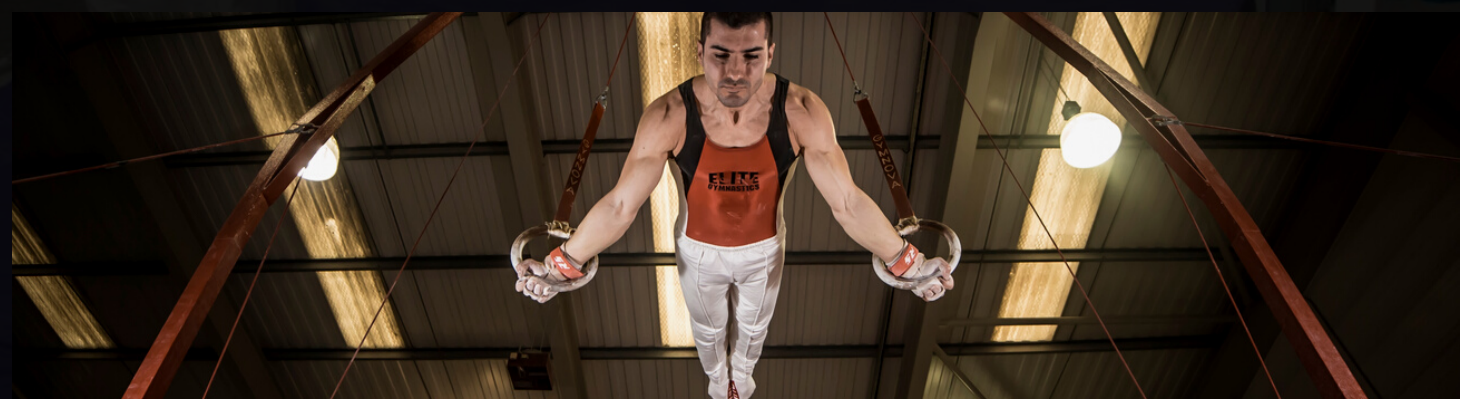
London Regional
Championships

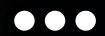


By Stefan Kolimechkov

GALLERY

Moments of a lifetime.





Thank you for watching!

THANK YOU!

Visit my website for more information.



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