

| Wednesday, 26th September | |
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| Time | Session |
| 09:00-18:00 | Registration |
| 17:00-18:00 | Opening Speeches |
| 18:00-19:00 | Opening Keynote |
| | Seminar Hall |
| | Chair: Gıyasettin Demirhan |
| | Ming-Kai CHIN |
| | Changes in Physical Education with Linkage to Health: Practical Implementations from Local to Global |

| | | Thursday, 27th September | |
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| Time | Session | | |
| 09:00-10:15 | Parallel Sessions 1: Oral Presentations | | |
| | Seminar Hall | Lecture Room A | Lecture Room B |
| | Chair: Enric Sebastiani Obrador | Chair: Jana Vašíčková | Chair: Gökçe Erturan İlker |
| | Application of didactic games with a holistic approach in preschool education and science in the Republic of Macedonia <u>Marjan Mihajlo Malcev</u> | Two Different Methods Of Physical Activity Levels Of Students Participating In Hopsports Activities During Lesson: SOFIT and pedometer --- <u>Emre Bilgin</u> , Ayşegül Gamze Ceren, Figen Altay | Serbian Soko in Los Angeles (California) <u>Kristina M. Pantelić Babić</u> , Petar D. Pavlović, Nenad Živanović, Slađana Mijatović |
| | Comparison of the PE content of the chosen primary curriculum documents in the Czech Republic, the Republic of Ireland and the Netherlands --- <u>Per Vlček</u> , Martina Habrdlová, Michal Lupač | Exergames Practices For Physical Education and Sport Course and It's Effects on Children <u>Nimet Haşıl Korkmaz</u> , <u>Yakup Zühtü Birinci</u> , Atalay Kaya | Investigation Of The Basic Movement Skills Of Four Year Children To Motor Development Levels' <u>Fatih Özgül</u> , Kibar Genç |
| | The Concept of Teaching Sport Games, Small Games and Non-traditional Sport Games in ISCED 1 – 3 in Slovakia <u>Jaroslava Argajová</u> , Gustáv Argaj | The Effects of Digital Video On Performance of the Locomotor Movement by 3-8 Aged Children <u>Yesim Bulca</u> , Rabia Hürrem Özdurak Sıngın, Gıyasettin Demirhan | Sport and national identity in modern Taiwan: A historical review <u>Dong Jhy Tony Hwang</u> |
| | The Jigsaw, a Promising Cooperative Learning Method in Physical Education <u>Océane Drouet</u> , Jonas Saugy, Grégoire Millet, Vanessa Lentillon Kaestner | Pre-Service Physical Education Teachers' Experiences of a Knowledge-Bytes-based Information Technology Course <u>Ferhat Büyükkalkan</u> , Kivanç Semiz | El Dakhla (Hazing) and the physical education in Tunisia: between festivity and crisis <u>Imen Ben Amar</u> |
| | Tolerance Dance. Motor-expressive activities for students' wellbeing at School and for the development of a tolerant social model <u>Silvia Saccardi</u> | The association of various social capital indicators and physical activity participation among Turkish adolescents <u>Günay Yıldizer</u> , Emre Bilgin, Ezel Nur Korur, Dario Novak, Gıyasettin Demirhan | A investigation study about the level of sport participation by age group in Albanian children <u>Juel Jarani</u> , Andi Spahi, Florian Muca, Keida Ushtelenca |
| 10:15-10:30 | Tea/Coffee Break | | |
| 10:30-11:00 | | Invited Speaker 1 | |
| | | Seminar Hall | |
| | | Chair: Hans De Ridder | |
| | Larry Durstine | | |
| | Chronic Disease in Youth: Bring Physical Activity and Exercise back to our Children | | |
| 11.00-11:30 | | Invited Speaker 2 | |

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| | | Seminar Hall | |
| | | Chair: Kamil Özer | |
| | J. Hans De Ridder | | |
| | Anthropometric measurements in children: A great help to determine their health status | | |
| 11:45-12:30 | | Workshop | |
| | | Lecture Room A | |
| | | Chair: Branislav Antala | |
| | Fatih Dervent, Erhan Devrilmez, Müfide Yoruç Çotuk | | |
| | Aligning Teaching Method Courses with Specialized Content Knowledge Focus | | |
| 12:30-13:30 | Lunch | | |
| 13:30-14:00 | | Invited Speaker 3 | |
| | | Seminar Hall | |
| | | Chair: Deniz Hünük | |
| | Govindasamy Balasekaran | | |
| | Comparison of Adolescents' Fitness in Eight Asian Countries | | |
| 14:00-14:20 | | Invited Speaker 4 | |
| | | Seminar Hall | |
| | | Chair: Hasan Kasap | |
| | Uri Schaefer | | |
| | The Personalization of physical education: Can We Make It? | | |
| 14:20-15:35 | Parallel Sessions 2: Oral Presentations | | |
| | Seminar Hall | Lecture Room A | Lecture Room B |
| | Chair: Sergei Ivaschenko | Chair: Airikki Pousi | Chair: Ufuk Alpkaya |
| | Increasing Gender Equity Awareness in Physical Education by Using Sport Education Model Canan Koca Arıtan, Pervin Avşar | A Test of Common Content Knowledge for Volleyball: A Rasch Analysis Müfide Yoruç Çotuk, Erhan Devrilmez, Fatih Dervent | Functional force differences in elderly people Özgür Nalbant |
| | Physical Education of Primary School Children with the Use of Table Tennis in the Conditions of the Three Lessons of Physical Culture Elena Sergiu Mocrousov | Measuring exploratory behaviour to analyze the creative involvement of participants in football and dance Carlota Torrents, Albert Cantón, Marta Pérez, Javier Coterón, Ángel Ric | Influence of selected mobility exercises and participation in special games on functional abilities among intellectually disabled children Samuel Jesudoss |

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| | Sport curriculum and sport activities at university: case of Macedonian universities compared with several surrounding countries <u>Biljana Popeska</u> , Snezana Jovanova Mitkovska, Trajce Dimkov | Values Education Scale Development of Physical Education and Sports Course <u>Murat Kangalgil</u> , Fatih Özgül, Turan Kural, Ahmet Temel | “Biking? Let’s Make it Happen!”: Cycling intervention to enhance Motor Skills, Social Interaction and Inclusion of pupils with Autism and other Special Needs --- <u>Agustí Castillo Cañiz</u> , Francesc Dalmau Olivé |
| | Determinants of moderate to vigorous physical activities during physical education lessons <u>Jose Ribeiro</u> , Júlio César Ribeiro, Gustavo Silva, Jorge Mota | Physical Activity Attitude Scale for Secondary School Students <u>Gunay Yildizer</u> , Emre Bilgin, Ezel Nur Korur, Yılmaz Yüksel, Gıyasettin Demirhan | Mobility Analysis of the Students from the Faculty of Sports Sciences Taking Recreation Lesson Aytekin Alpullu, <u>Mehmet Onur Ak</u> |
| | DASH – the impact of a physical education intervention on schoolchildren in townships in Port Elizabeth, South Africa <u>Uwe Puhse</u> , Cheryl Walter, Ivan Mueller, Peter Steinmann, Markus Gerber, Juerg Utzinger | The Match Analysis for Physical Education and Sport motor skills learning and teaching literacy <u>Stefania Cazzoli</u> | The effect of the length of sports for the dancers’ performance <u>Pavel Kapoun</u> , Martin Zvonař |
| 15:35-16:00 | Tea/Coffee Break | | |
| 16:00 -17:00 | Poster Presentations 1 | | |
| | Poster Hall | | |
| | Chair: Erhan Devrilmez | | |
| | P01. Yoga Practices in Kindergarten <u>Ana Buiuklieva</u> , Ivan Kolev, Boyanka Peneva | P07. The prevalence of daily physical activities among Albanian children <u>Enis Bellova</u> | P13. Investigation of the Contribution of Foreign National Basketball Players to the Turkish Basketball Super League <u>Banu Ayça</u> , Cemal Çelebi |
| | P02. Dynamic performance shoes <u>Bergün Meriç Bingül</u> , Yezdan Cinel | P08. The importance of medical and health observance among soccer players. The study on the clubs of the first and second national <u>Tayeb Djelti</u> , Charef Silarbi, Khalifa Gandez El Goul, Khaled Bensalem, Nouredine Deriadi, Mekhelfi Ridha | P14. Investigating the Leg Swift Force in the Freestyle and the Breaststroke in Young Swimmers Ahmet Demir, <u>Banu Ayça</u> |
| | P03. The Digital Technologies for Physical Education and Sport Development Program <u>Stefania Cazzoli</u> | P09. The meaning of vigorous physical activity for physical fitness in Lithuanian primary school children <u>Arunas Emeljanovas</u> , Laurynas Dilys, Brigita Mieziene, Vida Janina Cesnaitiene, Saulius Sukys | P15. Serbian Soko in Steelton (Pennsylvania) Petar D. Pavlović, Nenad Živanović, <u>Kristina M. Pantelić Babić</u> , Danilo P. Pavlović |
| | P04. The students’ opinions on the roles of physical education teachers in teaching process in Serbia <u>Ivana Milanović</u> , Snezana Radisavljević Janić, Nemanja Jeremić, Dušanka Lazarević | | P16. The behaviour of parents as spectators on sports competitions at school age: status of the question in football <u>Sara Suarez</u> , Enric Maria Sebastiani |
| | P05. Brief study: Physical education and sports for disabled at institutional level in Romania and Turkey <u>Florentina Camelia Medeij</u> , Kürşad Sertbaş | P11. Examination of the Psychological acquisition of the families who send their children to sports schools <u>Oya Erkut</u> , Barış Saygin Muratoğlu, Burak Kanar, Esra Salper | P17. Compiling a development Strategies of Sport for All of Ardabil province with the emphasis on sporting - natural attractions <u>Shahrouz Ghayebzadeh</u> , Leonardo Mataruna Dos Santos, Shirin Zardoshtian |
| | P06. Motivational Transfer from Physical Education Lesson to Leisure Time Physical Activity: a Trans-contextual Model (TCM) of Motivation --- <u>Brigita Mieziene</u> , Vitalija Putriute, Arunas Emeljanovas | P12. The impact of arbitration in creating violence on Professional football players. Study was made on team from first national teams <u>Tayeb Djelti</u> , Khalifa Gandez El Goul, Khaled Bensalem, Nouredine Deriadi, Ridha Mekhelfi, Djaafar Amina | |
| 17:00-18:00 | FNL Presentations | | |

| | | Poster Hall | |
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| | Chair: Dario Novak | | |
| | P01. Creating basketball textbooks and teaching aids for physical and sport education teachers in elementary and high schools in Slovakia <u>Jarka Argajova</u> , Gustáv Argaj, Andrea Izáková, Ivana Popročiová | P04. Analysis Of A Project-Based Learning Methodology On The Motivation And The Active Participation Of The Secondary Students In 3rd Grade In Escola Joviat --- <u>Judith Soldevila Marti</u> | |
| | P02. Effect of a 20-week physical activity intervention on selective attention and academic performance in children living in disadvantaged neighborhoods: A cluster randomized control trial -- - <u>Stefanie Gall</u> , Ivan Müller, Peter Steinmann, Markus Gerber, Rosa Du Randt, Jürg Utzinger, Cheryl Walter, Uwe Puhse | P05. Physical activity and perceived physical competence in Greek children <u>Anastasia Evangelia Afthentopoulou</u> , Fotini Venetsanou | P08. Level Changes of Musculoskeletal System in High School Female Students by Physical Program within Physical and Sport Education <u>Michal Marko</u> , Elena Bendíková |
| | P03. When a Child's Mind is Creating a New Project: An Innovative Approach To Motivate Adolescents To Move <u>Michal Vorlicek</u> , Ferdinand Salonna, Petr Badura, Jana Vokacova, Peter Kolarcik, Josef Mitas | P06. Physical Activity and Academic Performance: The mediating role of competencies of teachers' performing physical activity <u>Vedrana Sember</u> , Gregor Starc, Marjeta Kovač, Gregor Jurak | |
| 18:00-20:00 | FIEP Delegates Meeting | | |
| | Lecture Room A | | |

| | Friday, 28th September | | |
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| Time | Session | | |
| 09:00 - 10:15 | Parallel Sessions 3: Oral Presentations | | |
| | Seminar Hall | Lecture Room A | Lecture Room B |
| | Chair: Dana Masaryková | Chair: Nenad Živanovič | Chair: Uwe Puhse |
| | The 10 – 13 years pupils' motivation to measure health-related fitness and it's relation with the motivation in physical education and perceived teachers' autonomy support --- <u>Maret Pihu</u> , Jutta Saan | Contextual Antecedents of Psychological Well-Being in Physical Education <u>Gökçe Erturan Ilker</u> , Aykan Kurucan | Cardiac exercise tolerance and its relationships with Cardiorespiratory index among Sportswomen <u>Zerf Mohammed</u> , Boras Fatima Zohra Fatima Zohra, Gourari Benali |
| | Short term resistance training program with elastic bands for kindergarten children <u>Aleksandar M Ignjatovic</u> , Dragan S Radovanovic, Zivorad Marković | Comparison Of State, Performance And Trait Anxieties Of Footballers Between 14 And 16 Years Of Age <u>Şaban Tuğlu</u> , Egemen Ermiş, Osman İmamoğlu | Fat oxidation rates of sedentary and recreationally athletes at crossover point <u>Özgür Günastı</u> , Kerem Tuncay Özgünen, Çiğdem Özdemir, Selcen Korkmaz Eryılmaz, Abdullah Kılıcı, Cemil Çağlar Bildircin, Sanlı Sadi Kurdak |
| | Gross Motor Coordination, Physical Fitness and Body Mass Index in Prepubertal Children <u>Ingrid Ruzbarska</u> | The Concern of Adolescent Stages With Sports Motivation and Perception of Leadership Behaviors in Adolescent Male Football Players <u>Raziye Dut</u> , Mehmet Vergili, Özge Torun, Bülent Bayraktar | The Effects Of Acute Anterior And Posterior Capsular Proprioceptive Neuromuscular Facilitation Stretching <u>Demet Tekin</u> , Ani Agopyan |
| | Combined sets of European physical fitness percentile scores, with appropriate interpolations, for children and adolescents for the Alpha-fit test battery --- <u>Stefan Kolimechkov</u> , <u>Lubomir Petrov</u> , <u>Albena Alexandrova</u> | Investigation of Football Matches in Different Weather Conditions in Terms of Some Statistics <u>Muhammed Zahit Kahraman</u> , Muhammed Fatih Bilici, İlhan Şen | Relations Between Muscle Torque and Muscle Stiffness of the Knee Flexor and Extensor Muscles Measured by the Methods of Isokinetic Dynamometry and Tensiomyography (TMG) --- <u>Lazar Toskić</u> , Veroljub Stankovic |
| | Basic Motor Competencies of Primary School Children in Slovakia <u>Dana Masarykova</u> , Jana Labudova | The Examination of Physical Activity Experiences of Refugee Girls in The Context of Acculturation <u>Beyza Canbaz</u> , Canan Koca Arıtan | Impact of reducing training load(deload) and its importance in muscle building and maintaining the level of achievement of special needs players in the effectiveness of discus --- <u>Hamid Abdulsada Al Akrah</u> |
| 10:15-10:30 | Tea/Coffee Break | | |
| 10:30-11:15 | Keynote Speaker | | |
| | Seminar Hall | | |
| | Chair: Larry Durstine | | |
| | Gregor Jurak | | |
| | 30 Years of SLOfit: Its Legacy and Perspective | | |
| 11:15-12:00 | Invited Speaker 5 | | |
| | Seminar Hall | | |
| | Chair: Attilio Carraro | | |
| | Dario Novak | | |
| | Social Capital Interventions in Physical Education and Sport | | |

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| 12:00-13:00 | Lunch | | |
| 13:00-13:30 | Invited Speaker 6 | | |
| | Seminar Hall | | |
| | Chair: M. Levent Ince | | |
| | Ann MacPhail | | |
| | Assessment in physical education: Considering 'instructional alignment' as an authentic way to embed assessment in physical education | | |
| 13:30-14:00 | Invited Speaker 7 | | |
| | Seminar Hall | | |
| | Chair: Fatih Dervent | | |
| | Eve R. Bernstein | | |
| | What Were You Thinking? Considerations during Middle School Competitive Activities in Physical Education Class | | |
| 14:00-14:30 | Tea/Coffee Break | | |
| 14:30-15:45 | Parallel Sessions 4: Oral Presentations | | |
| | Seminar Hall | Lecture Room A | Lecture Room B |
| | Chair: Juel Jarani | Chair: Deniz Hünük | Chair: Yeşim Bulca |
| | Predictors of Teachers' Autonomy Support in Physical Education <u>Aylin Arik</u> , Gokce Erturan Ilker | Current Situation and Perspectives of a Quality Physical Education at the Preschool, School and University Levels in Sub-Saharan Africa <u>Djibril Seck</u> | The investigation of the acute effect of sparring training on serum lipid levels in elite boxers <u>Muhammed Zahit Kahraman</u> , Muhammed Fatih Bilici, Sedat Okut, Ömer Kaynar |
| | An Examination Of Authenticity Level Among Physical Education Teachers Based On Certain Variables <u>Mehmet Behzat Turan</u> , Oğulcan Usufllu, Hakkı Ulucan, Osman Pepe | Investigating The Lifestyle, Physical Activity, Health Related Habits, and Sedentary Behaviors of Sultan Qaboos University students <u>Badriya Khalfan Al Hadabi</u> , Kashef Nayef Zayed | Communication Model in Interaction of Coaches and Athletes <u>Gordana Vekaric</u> , Slađana Mijatović, Vladan Vukašinović, Šiljak Violeta |
| | Examination of Students' Health Related Fitness Knowledge Sources and Types According to Their Physical Activity Level <u>Emine Büşra Yılmaz</u> , Deniz Hünük | Partnership, as a tool of sport Governance in Morocco the Case of partnership between Ministries of sport and National Education <u>Elekari Abderrazak</u> | The Effects of Creative Tactic Choices Through Divergent Thinking on the Team Success; An Example of U-21 Teams from Turkish Republic of Northern Cyprus ---- <u>Mustafa Ferit Acar</u> , Erman Doğan, Kaan Cesur, Şerif Ali Kutlay, Çağan Kılıç |
| | Preparing for Inclusive Physical Education in Secondary Schools – Development and 'Status Quo' of Teacher Training in Germany <u>Sandra Heck</u> | Pedagogy of Coaching in Multiple Settings: A Pilot Study <u>Nermin Fenmen</u> | Some trends of specialists' professional training in physical culture in modern Russia Fedor Sobyenin, Vladimir Irkhin, Elena Karabutova, <u>Elizabeth Bogacheva</u> |
| | Initial Teacher Education in Primary Physical Education in Slovakia <u>Dana Masarykova</u> , Jana Labudova | The evaluation of Pedagogical Formation Training Certificate Program in Turkey Bijen Filiz, <u>Mehmet Durnalı</u> | Analysis of Relative Age Effect in U16 European basketball Championships between 2012-2017 <u>Ahmet Yapar</u> , Ayberk Saatcioglu |
| 16:00-17:00 | Symposium 1 | | |
| | Seminar Hall | | |
| | Chair: José Ribeiro | | |
| | Canan Koca Arıtan, Deniz Hünük, Brigata, Fatih Dervent | | |
| | Multidimensionality of Physical Education | | |

20:00-22:00

Dinner

| | | Saturday, 29th September | |
|---------------|--|---|---|
| Time | Session | | |
| 09:00 - 10:15 | Parallel Sessions 5: Oral Presentations | | |
| | Seminar Hall | Lecture Room A | Lecture Room B |
| | Chair: Sandra Heck | Chair: Elena Mocrousov | Chair: Cengiz Karagözoğlu |
| | Developing a Learning by Design Approach in PETE Information Technology Course <u>Kıvanç Semiz</u> | Educational Interventions to Change Obesity Perception Among High School Students <u>Meral Küçük Yetgin</u> , Pervin Avşar, Eda Ağıllı Akın, Salih Pınar | The understanding of task-dependent manual laterality in second grade school-children <u>Danilo Bondi</u> , Claudio Robazza, Tiziana Pietrangelo |
| | Self-efficacy as a Part of Physical Literacy Concept: Pilot Study in Czech Youth <u>Jana Vašíčková</u> , Hana Pernicová, Ferdinand Salonna | Dependence of secondary pupils' health on the regime of their impellent activity <u>Sergii Nikolaevich Ivashchenko</u> | Transversality in the learning of physical and sports activities <u>Akache Mokrane</u> |
| | Terminology as the framework for understanding physical education and sport <u>Nenad Milivoje Zivanovic</u> , Petar Pavlovic, Veroljub Stankovic, Zoran Milosevic, Nebojsa Randjelovic, Kristina Pantelic Babic | Secular trends of muscle strength decrease in Serbian children <u>Aleksandar M Ignjatovic</u> , Dragan S Radovanovic, Zivorad Marković | Creating Skill Habitus in Competitive Sport and Activities Ulana Lysniak, <u>Eve Bernstein</u> |
| | Evaluation of Physical literacy of Secondary School Children: Preliminary findings from Çankaya District <u>Hakan Taş</u> , Irmak Hürmeriç Altunsöz | Predictors of overweight and obesity in primary school children in Serbia <u>Snežana Radisavljević Janić</u> , Ivana Milanović, Marko Ješić | From social to sporting capital <u>Soner Sivri</u> , Oğuz Özbek |
| | Perceived Physical Activity Neighborhood Environment of University Students from Amasya <u>Irmak Hürmeriç Altunsöz</u> , Oğuzhan Yolcu, Hakan Taş | Evaluation of Intervention Programme to Increase Physical Activity of Early Age Children and Their Parents <u>Vilko Petrić</u> , Vesna Štemberger | The Relationship between Social-Emotional Competency and Academic Achievement Motivation <u>Mehmet Durnali</u> , Neslihan Arikan, Bijen Filiz |
| 10:15-10:30 | Tea/Coffee Break | | |
| 10:30-11:00 | Invited Speaker 8 | | |
| | Seminar Hall | | |
| | Chair: Uwe Puhse | | |
| | Attilio Carraro | | |
| | Teaching positive values through sport and physical education: Is it really feasible? | | |
| 11:00-11:30 | Invited Speaker 9 | | |
| | Seminar Hall | | |
| | Chair: F. Hülya Aşçı | | |
| | Athanasios Papaioannou | | |
| | A European tool for physical educators to promote Motivation, Self-regulation and Physical Activity | | |
| 12:00 - 13:00 | Lunch | | |
| 13:00-13:40 | Symposium 2 | | |
| | Seminar Hall | | |
| | Chair: Ann MacPhail | | |

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| | Züleyha Avcı, Attilio Carraro, Deniz Hünük, Gıyasettin Demirhan | | |
| | Identifying best practice across PETE programmes: A European perspective | | |
| 14:00-14:15 | Tea/Coffee Break | | |
| 14:15-15:30 | Poster Presentations 2 | | |
| | Poster Hall | | |
| | Chair: Arunas Emejanovas | | |
| | P01. Study regarding the development of performance speed in 12-14 year old male basketball players <u>Ciocan Vasile Catalin</u> | P08. The importance of proteins in sport nutrition <u>Miroslav Petr</u> , Petr Šťastný, Maryam Rahmani | P15. Bilateral training of children in pre - school age <u>Ana Buiuklieva</u> |
| | P02. Aerobic capacity level as index-weakness of Algerian training programs case soccer players under 18 years <u>Bengoua Ali</u> , Zerf Mohammed, Mokkedes Moulay Idris | P09. Important and Acquisition of Physical Literacy From A Point of View of The Long-Term Athlete Development and Sport For Life --- <u>Yasemin Gök</u> , Ömer Özbey | P16. An evaluation of the work field of the fitness instructors in Albania <u>Orges Licaj</u> , Ferdinand Mara |
| | P03. The improvement of performance through Biomechanics The squat test for functional evaluation: Qualitative analysis <u>Francesco Perrotta</u> | P10. Influence of Somatic Parameters on the Level of Gross Motor Coordination in Children Aged 11-12 years <u>Erika Chovanova</u> | P17. Motor Development in Children: The triennial SBAM Regional Italian Program <u>Dario Colella</u> , Domenico Monacis, Fabio Massari |
| | P04. The importance of using neuromuscular and proprioceptive facilitation techniques in recovery of the rheumatic shoulder <u>Nicolae Ochiana</u> , Gabriela Ochiana, Mircea Alex Ochiana | P11. Coordination Abilities in Prepubertal Children <u>Maria Majherova</u> , Erika Chovanova | P18. Teaching styles, physical literacy and perceived physical self-efficacy: Results of a learning unit in primary school <u>Dario Colella</u> , <u>Maddalena Bonasia</u> |
| | P05. Vitamin and Nutritional Supplement Consumption Habits of the Athletes Competing in Olympic, Half-iron man, and Ironman Distances in the Triathlon Branch --- <u>Banu Ayça</u> , Bora Özçivit | P12. The Sense of Rhythm and its Influence on Performance Movement: Rhythmic Education in the Scholastic Context <u>Amalia Tinto</u> , Marta Campanella | P19. An aerobic training plan aimed at an audience of (20-40 years) to improve endurance <u>Francesco Perrotta</u> |
| | P06. Nutrition and Nutritional Supplement Consumption Habits of Women Volleyball Players <u>Banu Ayça</u> , Gizem Akın | P13. Posture the importance of prevention in school age <u>Francesco Perrotta</u> | P20. Interest of using "tennis 10" method by Romanian coaches in the training of young sportsman <u>Mihai Lucian Ciuntea</u> , Nicolae Ochiana |
| | P07. Assessment of Energy Drinks, Nutritional Supplement and Vitamin Utilization Profile of Karate Athletes <u>Banu Ayça</u> | P14. Criteria for sport selection of 15 - 16 year - old cyclists in Bulgaria <u>Ana Buiuklieva</u> , Ivan Kolev | P21. The impact of force exercises on VO2max indicators and improvement through different exercise program through circuit weight training --- <u>Rando Kukeli</u> , Dhimitraq Skenderi |
| 15:30-16:15 | Symposium 3 | | |
| | Lecture Room A | | |
| | Chair: Canan Koca Aritan | | |
| | İlknur Hacisoftaoglu & Tuna Uslu | | |
| | Social Inclusion of Refugee Children through Physical Education and Sports | | |
| 16:30-17:30 | Closing Ceremony | | |
| | Seminar Hall | | |