

DR STEFAN KOLIMECHKOV

EDITOR-IN-CHIEF OF THE EUROPEAN JOURNAL OF PHYSICAL EDUCATION AND SPORT SCIENCE

dr.stefan.kolimechkov@gmail.com

www.stk-sport.co.uk



EDUCATION

Doctor of Philosophy (PhD) ▪ Physical Education ▪ National Sports Academy, Bulgaria ▪ 2018

Master of Arts (MA) ▪ Physical Education ▪ National Sports Academy, Bulgaria ▪ 2012

Bachelor of Arts (BA) ▪ Sport's Science & Physical Education ▪ National Sports Academy ▪ 2011

Training, Qualifications and Certificates

Certified Exercise Practitioner ▪ British Association of Sport and Exercise Sciences (BASES) ▪ 2017

Registered Scientist (RSci) ▪ Science Council UK ▪ 2017

Qualified Teacher Status ▪ National College for Teaching & Leadership UK ▪ 2014

Level 6 Personal Trainer, Advanced Health and Exercise Specialist ▪ EREPS ▪ 2016

Level 3 Personal Trainer ▪ REPs UK ▪ 2014

Level 2 in Coaching Gymnastics ▪ British Gymnastics ▪ 2013

EXPERIENCE

Gymnastics Coach ▪ January 2013 - Present

'Elite Gymnastics Academy' CIC ▪ London, United Kingdom

WAG & MAG coach, General gymnastics coach, Pre-school coach

Gymnastics Coach ▪ January 2008 – December 2012

'Levski' Sports Club ('Levski Spartak' G.C. Department) ▪ Sofia, Bulgaria

Head Gymnastics Coach

Gymnast

- Best result: 4th in the Men's Rings Final at the 2012 National Gymnastics Championships, Bulgaria
- Three-time London Gymnastics Champion on Rings (2015, 2016 & 2017)

PUBLICATIONS

1. Article ▪ *Journal of Advanced Sport Technology (JAST)*, Vol. 1(3), 2018

Kolimechkov S., Petrov, L., Alexandrova, A., & Cholakov, K. (2018). BeepShuttle Junior: Software for the Administration of the 20m Shuttle Run Test in Children and Adolescents. *Journal of Advanced Sport Technology*, 1(3), 35-40.

2. Article ▪ *European Journal of Physical Education and Sport Science*, Vol. 3(4), 2017

Kolimechkov S. (2017). Physical fitness assessment in children and adolescents: a systematic review. *European Journal of Physical Education and Sport Science*, 3(4), 65-78.

3. Article ▪ *African Journal for Physical Activity and Health Sciences (AJPHEs)*, Vol. 22(2:2), 2016

Kolimechkov, S.T., Petrov, L.A., Alexandrova, A.V. & Atanasov, P.S. (2016). Nutrition and physical development assessment of pre-school and primary school children practising artistic gymnastics. *African Journal for Physical Activity and Health Sciences*, 22(2:2), 565-577.